



**ENERGY
CLINIC**

RELAXING
IN LUXURY





ENERGY CLINIC

Ekskluzivna destinacija za njegu duha i tijela, Energy Clinic jedan je od prvih energetskih centara u svijetu koji osim osjećaja ugone i zadovoljstva svojim klijentima prenosi svježiu, revitalizirajuću i učinkovitu energiju. Nakon godina istraživanja tradicionalne kineske medicine te drugih alternativnih i komplementarnih metoda njege tijela, Energy Clinic se drži stajališta kako je ljudski dodir ne samo najmoćnija tehnika već je i najosnovnija od svih iscjeliteljskih metoda.

Našim klijentima su ponuđeni brojni jedinstveni tretmani te premium linija organskih kozmetičkih proizvoda marke Energy Clinic. Također pri tretmanima koristimo svjetski poznate brendove kao što su Sisley, Babor, Decleor, Thalgo i drugi. Odabiremo samo visoko kvalificirane te motivirane spa profesionalce koji su obrazovani i obučeni u Energy Clinic Wellness Akademiji, našem jedinstvenom centru izvrsnosti. Danas Energy Clinic nudi zaokruženo i cjelovito spa i wellness iskustvo koje ide u korak sa strateškim i infrastrukturnim razvojem po najvišim svjetskim standardima.

Energy Clinic is an exclusive international center for the well being of body, mind and inner self, focusing on revitalization and restoration of energy and the feeling of complete relaxation, balance and enjoyment. Energy Clinic restores, revitalizes and relaxes your physical and inner self through a unique fusion of contemporary western and TCM (Traditional Chinese Medicine), along with other alternative and complementary body and face treatments designed to restore energy lost in the daily grind. With that in mind, we offer various unique treatments and manufacture our own premium line of homegrown organic cosmetic products. We also use and re-sell high-end health and beauty brands such as Sisley, Babor, Decleor, Thalgo and others. Our holistic approach to health and well being even includes education – we run a successful wellness academy, providing extensive theoretical and practical know-how for a whole generation of tomorrow's wellness, beauty and health specialists. Today, Energy Clinic offers a rounded, comprehensive spa and wellness experience coupled with full strategic and infrastructural support.



Anti-Fatigue Espresso
40 min / 50 EUR

Savršen brz tretman za umornu, sivu i neujednačenu kožu s proširenim porama.

Signature Hydrating POPULAR
60 min / 74 EUR

Posebno osmišljen tretman lica, namijenjen svim tipovima kože i dubinskoj hidrataciji.

Anti-Age Strategy
75 min / 92 EUR

Anti-Age strategija koristi EC proizvode s hijaluronskom kiselinom i masažnu tehniku koja usporava proces starenja, osvježava kožu i ublažava bore. U kombinaciji s anti-age maskom, vaša će koža biti potpuno obnovljena.

Hydra-Man
50 min / 74 EUR

Tretman lica posebno osmišljen za mušku kožu, izjednačava ten i njeguje, ujedno se boreći protiv znakova starenja.

Anti-Fatigue Espresso
40 min / 50 EUR

Perfect and quick facial treatment for tired, grey and uneven skin with large pores.

Signature Hydrating POPULAR
60 min / 74 EUR

Facial treatment specially designed for all skin types and deep hydration.

Anti-Age Strategy
75 min / 92 EUR

Anti-age Strategy uses EC hyaluronan products and massage technique designed to slow down the ageing process, to refresh the skin and to reduce wrinkles. In combination with the anti-age face mask, your skin will be completely renewed.

Hydra-Man
50 min / 74 EUR

Facial treatment specifically designed for male skin, refines the complexion and nourishes the skin while at the same fighting against the signs of ageing.

MARVELOUS MANICURES

Klasična manikura
50 min / 43 EUR

Brzo čišćenje, oblikovanje i popravak noktiju kako bi mogli zdravo rasti. Na nokte se, prema potrebi nanosi prirodni zaštitni sloj i lak u jednoj boji.

Energy Clinic spa tretman ruku POPULAR
75 min / 56 EUR

Luksuzni tretman ruku uključuje osvježavajući piling za nježnu i meku kožu, završnu manikuru, poliranje noktiju, hranjivu masku s aromatičnim uljima i opuštajuću masažu.

MARVELOUS MANICURES

Classical Manicure
50 min / 43 EUR

Fast cleaning, shaping and repairing nails, so that they can grow healthy. If required a natural protective coat and a single-coloured nail polish are applied on the nails.

Energy Clinic Hand Spa Treatment POPULAR
75 min / 56 EUR

A luxury hand treatment which includes a refreshing hand scrub for soft and smooth skin, manicure, nail polishing, nourishing mask with aromatic oils and a relaxing hand massage.

PERFECT PEDICURES

Klasična pedikura
60 min / 48 EUR

Uljepšavanje noktiju i stopala, upotpunjeno nanošenjem energizirajućeg i osvježavajućeg balzama za njegu stopala. Tretman uključuje lakiranje noktiju u jednoj boji.

Energy Clinic spa
tretman stopala POPULAR
90 min / 62 EUR

Posebno osmišljena luksuzna pedikura posebnim esencijalnim uljem, upotpunjena pilingom i maskom za stopala od ljekovitog bilja, masažom stopala, uljepšavanjem noktiju i, prema potrebi, lakiranjem noktiju.

PERFECT PEDICURES

Classical Pedicure
60 min / 48 EUR

Beautifying of toenails and feet, completed by gentle application of energizing and refreshing foot balsam. The treatment includes a single-coloured nail polish.

Energy Clinic Foot
Spa Treatment POPULAR
90 min / 62 EUR

Specially designed luxury pedicure with special essential oils, completed with foot scrub and foot mask with medicinal herbs, foot massage, beautifying of toes and, if required, nail polishing.

Energy Clinic piling tijela
30 min / 41 EUR

Osvježavajući aromatični piling tijela koji kožu čini baršunastom i mekom, zahvaljujući uravnoteženoj kombinaciji ljekovite morske soli i aromatičnih ulja što hrane kožu.

Fit Figure Body Shape SIGNATURE TREATMENT
70 min / 107 EUR
(Detox & slim ritual)

Izvrstan novi detox&slim ritual počinje brzim četkanjem tijela kojim se potiče cirkulacija. Potom se nanosi originalni Fit Figure serum zagrijavajućeg djelovanja koji prodire u dublje slojeve epiderme. Tretman završava vezivno-tkivnom masažom koja koži vraća sjaj.

Otoci u struji SIGNATURE TREATMENT
75 min / 116 EUR
(Body polish +Antistress back&leg massage)

Tretman počinje energičnim pilingom, nakon čega slijedi 45-minutna opuštajuća masaža uljem lavande. Za kraj, izmjenom vrućih i hladnih obloga stimulira se cirkulacija i protok energije kroz meridijane cijelog tijela, oslobađajući vas nakupljenog stresa.

Energy Clinic Body Polish
30 min / 41 EUR

A refreshing aromatic body polish making the skin velvety smooth and soft due to the balanced combination of medicinal sea salt and aromatic oils nourishing the skin.

Fit Figure Body Shape SIGNATURE TREATMENT
70 min / 07 EUR
(Detox & slim ritual)

The fantastic new detox & slim ritual starts with a quick and energetic body brushing stimulating the circulation. It is followed by the application of an original Fit Figure serum with a warming effect, penetrating in the deeper layers of epidermis. The treatment ends with a connective tissue massage which restores the skin's glow.

Islands In The Steam SIGNATURE TREATMENT
75 min / 116 EUR
(Body polish +Antistress back&leg massage)

The treatment starts with a vigorous aromatic scrub followed by a 45-minute soothing massage with lavender oil and ends with alternating hot and cold compresses stimulating circulation and energy flow through the meridians of your entire body, relieving you of accumulated stress

Zdrava kralježnica (masaža leđa i vrata)
25 min / 43 EUR

Kombinacija tehnika koristi se za olakšavanje i ublažavanje mišićne napetosti u leđima, vratu i ramenima.

Relaksirajuća masaža za stopala
25 min / 39 EUR

Prirodna, ljekovita masaža djeluje stimulirajuće na refleksološke točke vaših stopala, poboljšavajući cirkulaciju i potičući tijelo da obnovi svoju prirodnu ravnotežu. Idealna u liječenju tegoba povezanih sa stresom, poput glavobolja, nesanice, umora i sličnih tegoba.

Aromatična masaža lica i tjemena
30 min / 41 EUR

Ugodite si ovom izrazito umirujućom masažom koja stimulira limfnu drenažu, otvara pore i omogućava koži da diše, dok blago stimuliranje akupresurnih točaka ublažava napetost u glavi, vratu i ramenima.

Fine Spine (back and neck massage)
25 min / 43 EUR

A combination of techniques is used to ease and soothe muscle tension in your back, neck and shoulders.

Relaxing Foot Massage
25 min / 39 EUR

Natural healing massage stimulating the reflex points of your feet, improving circulation and stimulating the body to restore its natural balance. It is ideal for healing stress-related discomforts such as headaches, insomnia, fatigue and similar discomforts.

Face & Scalp Aromatic Massage
30 min / 41 EUR

Indulge yourself with this exceptionally soothing massage that stimulates lymphatic drainage, opens pores and enables the skin to breathe, while mild stimulation of acupressure points releases tension in the head, neck and shoulders.

**Antistress terapija
za leđa i noge** SIGNATURE TREATMENT
45 min / 61 EUR

Opuštajući tretman koji uključuje masažu nogu i leđa. Djeluje na poboljšanje cirkulacije te bolji protok limfe. Tretman završava Kneipovom metodom izmjenoe hladnih i toplih obloga.

Energy Clinic klasična masaža
50 min / 63 EUR

Kombinacijom pet osnovnih pokreta usmjerenih prema srcu ovom masažom stimulira se tijelo, te krvožilni i limfni sustav. Ovaj tip masaže idealan je za poboljšanje cirkulacije, eliminaciju toksina, za uklanjanje napetosti i duboko opuštanje.

Masaža dubokog tkiva
50 min / 72 EUR

Oporavite se brzo nakon napornog vježbanja ili sportskih aktivnosti i pomognite svome tijelu da eliminiira metabolite, toksine i mliječnu kiselinu. Ova intenzivna masaža dovest će do brzog oporavka mišića i vratiti tijelo u prirodnu ravnotežu.

**Anti-Stress Back and
Leg Therapy** SIGNATURE TREATMENT
45 min / 61 EUR

Relaxing treatment that includes a legs and back massage stimulating circulation and lymph flow. The treatment ends with Kneip's method of alternating warm and cold compresses.

Energy Clinic Classical Massage
50 min / 63 EUR

This massage is stimulating the body, the vascular system and the lymphatic system by combining five main movements directed towards the heart. It is an ideal massage for improving circulation, eliminating toxins, releasing tension and for deep relaxation.

Deep Tissue Massage
50 min / 72 EUR

Recover fast after a strenuous workout or sports activities and help your body to eliminate metabolites, toxins and lactic acid. This intensive deep tissue massage will speed up the muscles recovery and restore the natural balance of the body.

**Relaksirajuća masaža
toplom uljem** POPULAR
50 min / 80 EUR

Masaža u kojoj se koriste topla aromatična ulja koja tijekom cijelog tretmana zadržavaju finu, koži iznimno ugodnu temperaturu. Ulja koja se koriste istodobno smiruju i čiste, osiguravajući pritom duboko opuštanje.

**Energy Clinic masaža s
potpisom** POPULAR
80 min / 101 EUR

Najpopularniji oblik masaže koji je namijenjen opuštanju, s uravnotežujućim učinkom na tijelo. Tretman tonizirajuće djeluje na tijelo i ima blagotvoran učinak na ligamente i tetive, kao i na cirkulaciju, protok limfe i živčane putove. Nakon masaže cijelog tijela, osjećat ćete se gipki i puni energije.

**Relaxing Warm
Oil Massage** POPULAR
50 min / 80 EUR

Massage with warm aromatic oils maintaining a fine, for the skin exceptionally comfortable temperature during the entire treatment. The oils which are used are calming and cleansing at the same time, thereby providing deep relaxation.

**Energy Clinic Signature
Massage** POPULAR
80 min / 101 EUR

This is the most popular form of massage for deep relaxation and with a balancing effect on the body. The treatment tones the body and has a beneficial effect on ligaments and sinews as well as blood circulation, lymph flow, and nerve tracts. After the full-body massage, you will feel supple and full of energy.



ENERGY CLINIC
LAVISH LAVENDER
Body oil

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DJELOVANJE mješavina prirodni
blagotvorno protiv zamora i
UPORABA masažno ulje upotrebljava se za
masažu svih tipova kože. Namijenjeno je za
upotrebu.



SASTOJCI - INGREDIENTS Prunus
Oil, Helianthus Annuus Seed Oil,
Palmitate, Lavandula Angustifolia
Geraniol, Linalool, BHA, CI 60725
ZA ENERGY CLINIC: Metis d.o.o. Skopje

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ENERGY CLINIC
SQUEEZED ORANGE
Body oil

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DJELOVANJE Masažno ulje sa narandžom
narandže i geranija. Pogodno za
mišića. Obnavlja prirodnu hidraciju
upotrebljava se za energiziranje
tipova kože. Namijenjeno je za



SASTOJCI Prunus Amygdalus Dulcis
Annuus Seed Oil, Helianthus Annuus
Aurantium Dulcis Peel Oil, Pelargonium
Acetate, Parfum, Limonene, Citronellol
ZA ENERGY CLINIC: Metis d.o.o. Skopje

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Let Your Face & Body Glow POPULAR
100 min / 124 EUR
**(Energy Clinic Fit Figure,
Anti-Fatigue Espresso Facial)**

Ritual počinje s Fit Figure Body Shape tretmanom tijela koji potiče cirkulaciju, zateže kožu i vraća joj sjaj. Za potpuni dojam slijedi Anti-Fatigue Espresso tretman lica koji će vam obrisati sve tragove umora.

New Line 120'
120 min / 138 EUR
**(Relaxing Warm Oil Massage,
Anti-Age Strategy Facial)**

Ovaj ritual počinje s opuštajućom masažom cijelog tijela vrućim uljem, uz koju ćete se zasigurno osloboditi nakupljenog stresa. Nakon masaže slijedi anti-age tretman lica koji će vašoj koži vratiti prirodan sjaj i čvrstoću.

After Plane Spa Comfort POPULAR
70 min / 88 EUR
**(Anti-Stress Back&Leg Therapy,
Anti-Fatigue Espresso Facial)**

Tretman počinjemo Anti-Stress Back & Leg masažom koja opušta mišiće i otklanja umor nakon dugotrajnog putovanja. Izmjena toplih i hladnih obloga poboljšava cirkulaciju dok Anti-Fatigue Espresso tretman lica osvježava i zateže umornu kožu lica dajući joj novi sjaj.

Let Your Face & Body Glow POPULAR
100 min / 124 EUR
**(Energy Clinic Fit Figure,
Anti-Fatigue Espresso Facial)**

The package begins with Fit Figure Body Shape treatment which stimulates circulation, tightens the skin and restores its radiance. For a complete experience it is followed by Anti-Fatigue Espresso facial treatment which will clear away all signs of a tired skin.

New Line 120'
120 min / 138 EUR
**(Relaxing Warm Oil Massage,
Anti-Age Strategy Facial)**

The package begins with a relaxing full body massage with warm oil, relieving you from the accumulated stress. The massage is followed by an anti-age facial treatment restoring the natural skin's radiance and firmness.

After Plane Spa Comfort POPULAR
70 min / 88 EUR
**(Anti-Stress Back&Leg Therapy,
Anti-Fatigue Espresso Facial)**

We begin the treatment with an Anti-Stress Back & Leg Massage relaxing the muscles and eliminating the fatigue after a long trip. The exchange of warm and cold compresses improves circulation while Anti-Fatigue Espresso facial treatment refreshes and tightens tired skin providing it a new radiance.

Energy Clinic Aroma Cocoon
100 min / 117 EUR
(Body Scrub, Body Wrap
Aromatic Rub-In)

Aromatični piling tijela hranjivim aromatičnim uljima i morskom solju. Uključuje tretman omatanja tijela (body wrapping), osmišljen prema aromaterapijskom programu za detoksifikaciju i pomlađivanje kože. Ritual završava 30-minutnim utrljavanjem aromatičnih ulja čineći kožu savršeno glatkom i mekom. Posebno se preporučuje nakon zimskog razdoblja.

Man Only
90 min / 96 EUR POPULAR
(Anti-Fatigue Espresso Facial,
Deep tissue massage 50')

Paket predstavlja čišćenje i zatezanje muške kože lica i 50-minutnu sportsku masažu. Idealan za muškarce koji vode užurban i stresan život.

Energy Clinic Aroma Cocoon
100 min / 117 EUR
(Body Scrub, Body Wrap
Aromatic Rub-In)

A body polish with nourishing aromatic oils and sea salt. This treatment also features a body wrap aromatherapy program for detoxification and skin rejuvenation. The ritual is concluded with a 30-minute rubbing in of aromatic oils to achieve the perfectly smooth and soft skin. Specially recommended after winter season.

Man Only
90 min / 96 EUR POPULAR
(Anti-Fatigue Espresso Facial,
Deep tissue massage 50')

The package includes cleansing and firming of male facial skin and a 50-minute deep tissue massage. Ideal for men leading a fast and stressful life.

POKLON BONOVI SU DOSTUPNI
NA RECEPCIJI ENERGY CLINIC-A

Pdv je uračunat u sve cijene.

Knjiga žalbe se nalazi na recepciji.

GIFT VAUCHERS AVAILABLE
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ENERGY CLINIC RECEPTION DESK

Vat is included.

Book of complaints can be
found at the front desk.





**ENERGY
CLINIC**
RELAXING
IN LUXURY

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Book of complaints can be found at the front desk.